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4. Write the manuscript in double space (including abstracts, references, table titles and figure legends), size 12, Times New Roman font. Italicize text that should appear like this. The manuscript should not exceed the number of pages according to the modality presented, including tables and figures and references. Tables and figures should not exceed 5 each, and their format should allow modifications.

5. **First page:** it must include the title as shown in the attached example, the title heading must continue with the abstract, then the abstract and the keywords. **Subsequent pages:** the text, including an introduction (not labeled as such), followed by background or state of knowledge, problem, hypothesis, objectives, method, results, discussion, and references.

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1. Do not use footnotes or citations. Examples to cite in the text:

- Narrative quotes: González (2019)
- Citations in parentheses: one author (González, 2019); two authors (Cáceres & Benítez, 2015); three or more authors (Corvalán et al., 2020).

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- **Magazine Article:** Grady, J., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in Storybooks: A Comparison of Storybooks Representing Racial and Ethnic Groups in the United States. *Psychology of Popular Media Culture*, 8 (3), 207–217. <https://doi.org/10.1037/ppm0000185>

- **Book:** Sapolsky, R. M. (2017). *Behave: The biology of humans at our best and worst*. Penguin Books.

Jackson, L. M. (2019). *The psychology of prejudice: From attitudes to social action* (2nd ed.). American Psychological Association. <https://doi.org/10.1037/0000168-000> (for books in digital format)

- **Chapter of an Edited Book:** Dillard, J. P. (2020). Currents in the study of persuasion. In M. B. Oliver, A. A. Raney, & J. Bryant (Eds.), *Media effects: Advances in theory and research* (4th ed., Pp. 115–129). Routledge.

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Method: The description of the method should allow the reader to repeat the study. The method should only be subdivided into the following four sections:

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Procedure: This section should describe in an organized and orderly fashion the procedure that was followed, step by step: instructions, procedures for manipulating variables and measuring and applying instruments, etc.

Results: This section should describe coherently, organized and objectively the effects of the independent variables on the dependent ones, or the variables in correlation or qualitative in description. The results must be presented in the same order in which the research objectives were stated. As a complement to what is described, the tables and / or figures are presented with their respective title and numbering. A maximum of 5 are accepted in each category, they must maintain font type and size and in modifiable format, according to APA, 7th, Edition, 2020.

Discussion: In this section highlight the most innovative and important aspects, as well as the interpretation and analysis of the implications of the results. Relate and compare the observed facts with the hypothesis or objectives, theoretical framework and antecedents referred to in the introduction, clarifying exceptions, contradictions or modifications (without using statistical terminology). Point out the practical or theoretical applications of the results found. Finally, the uncontrolled factors that can affect the results must also be presented. This item ends with the presentation of the conclusions.

References: Follow alphabetical order, keep the font type and apply APA Standards, 7th. Edition, 2020.

EXAMPLE: of the Title, Title and Headline

Irrational Beliefs - Depressive Indicators

"Relationship between Irrational Beliefs and Depressive Indicators in University Students"

Relationship between Depressive Indicators and Irrational Beliefs in College Students

Senior Researcher: Norma Coppari [1]

Auxiliary Researchers: Benítez, S. ; Benítez, S. ; Calvo, S. ; Concolino, C. ; Galeano, S. ;
Gamarra, R. ; Garcete, L.

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Resumen

La presente investigación de tipo descriptivo-correlacional tiene el objetivo de describir la relación entre las creencias irracionales e indicadores depresivos en estudiantes universitarios. La muestra está compuesta por 94 estudiantes del curso de admisión (n = 94); seleccionada por muestreo intencional, no probabilístico, y participación voluntaria de una Universidad Privada de Asunción, Paraguay. Los instrumentos que se utilizaron son el "Inventario de Creencias Irracionales" de Ellis (1962) y el "Inventario de Depresión de Beck (1996)". Para el análisis y procesamiento de datos se aplicó técnicas de estadística descriptiva e inferencial. En el inventario de Beck no se encontraron diferencias significativas en relación con el sexo. En el inventario de Ellis, los medios estándares más altos se encontraron en el patrón 6. Las correlaciones más significativas con el inventario de Beck se encontraron, en orden descendente para el patrón 9, 2 y 7 en dirección positiva.

Palabras clave: creencias irracionales, indicadores depresivos, correlación, estudiantes.

Abstract

The following investigation has the objective to describe the relationship between irrational beliefs and depressive indicators on university students. The sample is composed with 94 Admission Course students (n=94); selected through a non-probabilistic sample of intentional sampling and voluntary participation from a Private University of Asuncion, Paraguay. The instruments that were used are the "Irrational Beliefs Inventory" from Ellis (1962) and "Depression Inventory from Beck (1996)", to establish the relationship between both variables obtained with those instruments. For the analysis and data processing we applied descriptive and inferential statistics techniques. On Beck's Inventory there were not found significant differences in relation of sex. On Ellis inventory, the highest standard medias where found on pattern 6. The most significant correlations with Beck's Inventory were found, in descending order for the pattern 9, 2 and 7 in positive direction.

Key words: irrational beliefs, depressive indicators, correlation, students.

Abstract or Summary in English

It must contain the same as the abstract in Spanish, but in technical translation into English.

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-Title	
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-Hypothesis.	
-Goals.	
*General objective.	
*Specific objectives.	
-Method.	
Design.	
Instruments and materials or Devices.	
Participants	
Process.	
- Analysis and discussion of results.	
- Conclusions, Suggestions and Limitations.	
-Bibliographic references.	
9. It has no citations and / or footnotes.	

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